



**Saratoga County Department of Health**

# **Opioid Overdose Prevention Resources**

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**The following resources can be requested from the Saratoga County  
Department of Health free of charge.**

**A representative from our department will reach out to you once your  
order has been processed.**

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## **Naloxone (Narcan) Training**

**Naloxone, sold under the name brand Narcan, is a medication that can reverse the effects of an opioid overdose and prevent death. It comes as a nasal spray that can be administered with minimal training.**

**Data shows that overdose deaths in Saratoga County increase during the summer months. All local businesses and organizations can help by training staff on how to recognize the signs of an opioid overdose, administer Narcan and have Narcan available. The good Samaritan law protects those who administer Narcan.**

**Businesses and organizations located within Saratoga County can request a free Narcan training from the SCDOH. The training takes about 15 minutes and free Narcan kits are provided. If businesses are interested in providing a longer training session, 60-minute presentations are also available upon request.**

**If you are already trained on how to administer Narcan, we can provide your establishment with free Narcan kits.**

**If you are interested in having a Narcan training for your staff, please complete the first section of the order form.**



# Saratoga County Department of Health

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## Nasal Naloxone (Narcan) kits

Naloxone, sold under the name brand Narcan, is a medication that can reverse the effects of an opioid overdose and prevent death. If you are already trained on how to administer Narcan, we can provide your establishment with free Narcan kits.

Each kit contains two doses of nasal Narcan spray.

Training is available upon request.



## Overdose Response Kits

If you are already trained in how to administer Narcan, we can provide your establishment with free overdose response kits.

Each kit contains two doses of nasal Narcan spray, a carrying pouch, information sheets, a rescue breathing face shield, and a drug deactivation system.

Training is available upon request.



## Save a Life Business Cards

Our business cards have a QR code that goes to a website with mental health and substance use disorder resources. Community members can also request free Narcan on this website.





# Saratoga County Department of Health

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## Posters & Flyers

**See an overdose?**  
**Call 911 immediately!**

**What should I do if I see an overdose?**

- Call 911 immediately!
- Say "I think someone may have overdosed. They aren't breathing."
- Use Narcan (the opioid overdose reversal drug) on the person, if you have it.
- If the person is not breathing and you know how, do rescue breathing (mouth-to-mouth) or chest compressions.
- Lay the person on their side once they resume breathing.

**How do I recognize signs of an overdose?**

- The person is unconscious and you can't wake them.
- The person is breathing slowly or not at all.
- Lips or nails are turning blue.

**Afraid to call 911? Don't be!**

New York's "911 Good Samaritan" law provides protections from charge and prosecution for drug and alcohol possession for the victim and those who seek help during an overdose.

For more information on overdose prevention, please contact the New York State Department of Health at 1-800-692-8528.

New York's **911 Good Samaritan** law protects you even if you shared drugs with others or possess paraphernalia. The protections do not extend to outstanding warrants, probation or parole violations, drug sales, and other non-drug crimes.

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NEW YORK STATE Department of Health

Option A - 11" x 17"

**See an overdose?**  
**CALL 911**

The Good Samaritan Law protects you and saves lives!

[health.ny.gov/overdose](http://health.ny.gov/overdose)

NEW YORK STATE Department of Health

Option B - 8.5" x 11"

**See an overdose?**  
**CALL 911**

The Good Samaritan Law protects you and saves lives!

[health.ny.gov/overdose](http://health.ny.gov/overdose)

NEW YORK STATE Department of Health

Option C - 14" x 8.5"

**See an alcohol or drug overdose?**  
**CALL 911**

The Good Samaritan Law protects you and saves lives!

[health.ny.gov/overdose](http://health.ny.gov/overdose)

NEW YORK STATE Department of Health

Option D - 14" x 8.5"





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## Posters & Flyers

**STOP**  
**AN OVERDOSE**

1. CHECK FOR AN OVERDOSE
2. CALL 911
3. GIVE NARCAN
4. GIVE RESCUE BREATHS
5. STAY UNTIL HELP ARRIVES

SCAN THE QR CODE FOR MORE INFORMATION ON OBTAINING NARCAN



Option E - 8.5" x 11"

**This Spray Can Save A Life**

Learn how to recognize the signs of an overdose and administer the opioid overdose reversal medication, Narcan.

Everyone is encouraged to carry Narcan.

You can save a life.



Scan the QR code to request a training.



Option F - 8.5" x 11"

**How to Administer Narcan**

Peel	Place
 <p>PEEL</p> <p>Peel back the package to remove the device. Hold the device with your thumb on the bottom of the plunger and two fingers on the nozzle.</p>	 <p>PLACE</p> <p>Place and hold the tip of the nozzle in either nostril until your fingers touch the bottom of the persons nose.</p>
Press	Call 911
 <p>PRESS</p> <p>Press the plunger firmly to release the dose into the persons nose. If they do not wake up in 2 minutes, administer a second dose in the opposite nostril</p>	 <p>911</p> <p>If you haven't already, call 911 and let the dispatcher know that you think someone is experiencing an overdose. Stay with that person until help arrives.</p>

Option G - 8.5" x 11"

**YOU CAN SAVE A LIFE THIS SUMMER**

**PREVENT AN OVERDOSE DEATH BY CARRYING NALOXONE**

WHAT IS NALOXONE?	HOW CAN YOU HELP?
NALOXONE (ALSO KNOWN AS NARCAN) IS A LIFE-SAVING MEDICATION THAT CAN REVERSE AN OVERDOSE FROM OPIOIDS.	LEARN HOW TO RECOGNIZE AN OPIOID OVERDOSE, ALWAYS CARRY NALOXONE, AND KNOW HOW TO ADMINISTER THE MEDICATION.

**HOW DO YOU HELP?**

FREE NALOXONE IS AVAILABLE FROM THE SARATOGA COUNTY DEPARTMENT OF HEALTH. SCAN THE QR CODE TO LEARN MORE!



Option H - 8.5" x 11"

**YOU Can Save a Life This Summer**

What is Narcan?	Why Should I Carry Narcan?
Naloxone, also known as Narcan, is a safe medication that can save someone's life by reversing the effects of an opioid overdose.  All members of the community are encouraged to carry Narcan.	From 2018-2022, overdose deaths in Saratoga County have increased by 100% during the summer months (Jun-Aug).  There was an 18.5% decrease in Naloxone administrations from 2021 to 2022, even though the number of overdoses were increasing during that same time period. You can save a life by carrying Naloxone.

**Scan Me**



Scan the QR code or contact the Saratoga County Department of Health at (518) 478- 5870 for more information!

Option I - 8.5" x 11"